UNIVERSITY OF OKLAHOMA COLLEGE OF MEDICINE Biochemistry & Molecular Biology FACULTY EFFORT AND GOALS

(To be completed by the Faculty Member being evaluated)

	Name	Date
Each	of the following items	applies to the past calendar year unless otherwise specified.
1.	Estimate the proportion of time spent in each category:	
		Teaching - use a value of 15 hours per contact hour with the students. (Example: 15 hours per contact lecture hour for lecture preparation time, preparation and grading of exams, speaking with students, researching the material for the course, etc.)
		Research
		OUHSC Entrepreneurial
		Administration/Committee Service: Departmental, College, Health Sciences Center, University
	100%	Extramural Activities: Community, State, National, International TOTAL
2.	Career Developmer career plans and ob	nt involves setting realistic but, challenging goals. Describe your pjectives:
	A. Short Range (next 1 to 2 years):	

B.	Long Range (next 5 years):
C.	Describe what goals from last year were realized, delayed or changed and evaluate your progress in achieving your goals in A and B.