UNIVERSITY OF OKLAHOMA COLLEGE OF MEDICINE
Biochemistry \& Molecular Biology
FACULTY EFFORT AND GOALS
(To be completed by the Faculty Member being evaluated)


#### Abstract

Name Date

Each of the following items applies to the past calendar year unless otherwise specified. 1. Estimate the proportion of time spent in each category: Teaching - use a value of 15 hours per contact hour with the students. (Example: 15 hours per contact lecture hour for lecture preparation time, preparation and grading of exams, speaking with students, researching the material for the course, etc.) Research


$\qquad$ OUHSC Entrepreneurial
$\qquad$ Administration/Committee Service: Departmental, College, Health Sciences Center, University

Extramural Activities: Community, State, National, International TOTAL
2. Career Development involves setting realistic but, challenging goals. Describe your career plans and objectives:
A. Short Range (next 1 to 2 years):
B. Long Range (next 5 years):
C. Describe what goals from last year were realized, delayed or changed and evaluate your progress in achieving your goals in A and B.

